

Enter the flow of...

Prosperity

A Kundalini Yoga and Gong Class with Nina Berry

Prosperity is a form of consciousness. When we relate to our environments from a paradigm of prosperity, then we naturally look for and find opportunities that serve our highest good. Rather than confining ourselves to a closed system of recycled thoughts and diminishing energy, when we act from a state of sufficiency then we allow for a positive, productive relay with the Universe. The key to opening up this communication is through the control of our mental and energetic trajectories. When we have command over our perception and our projection then we can enter the flow of prosperity.

Through a series of exercises, mediations and the powerful vibration of the Gong, Nina will help you clear out the limiting mental and energetic patterns that do not serve you, unlock hidden reserves of energy within you, and then project that energy towards a happier, more prosperous future.

Special Date and Time

March 27, 2011

9:00am-10:15am

at The Jade Apple

www.jadeapple yoga.com

The Jade Apple 10502 Magnolia Blvd. NoHo Arts District, CA 91601 (818) 508-9434

